

**EFFECTS OF AEROBIC DANCE AND SURYANAMASKAR
ON THE PERFORMANCE OF SELECTED LOW PHYSICAL
AND PHYSIOLOGICAL VARIABLES ON SCHOOL
CHILDREN OF KERALA STATE**

*Dissertation Submitted to the Tamil Nadu Physical Education and Sports University,
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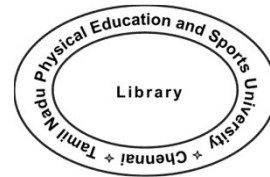
**DOCTOR OF PHILOSOPHY
IN
PHYSICAL EDUCATION**

Submitted by

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